Study Guide: Missing Out
Anemia threatens the population of Niger and Tanzania

1. Where is Niger?

2. Which segments of the population are most affected?

3. What is the estimate of numbers affected worldwide?
4. What are symptoms of anemia?

5. What local term describes anemia?

6. How do Nigerian traditions affect the prevalence of anemia?

7. How does the program supported by the Ministry of Health fail to meet the situation in Niger?

8. What is the program?

9. What public tradition has been established to educate Nigerian citizens? Is this effective?

10. How does the staple diet of millet confound problems of anemia?

11. How are newborns affected by anemia?

12. Through synergistic interaction with anemia, a certain disease affects nearly all children under 5. Name this prevalent disease and explain the mechanisms of its interaction with anemia.

13. How does the malaria-anemia cycle affect children’s education?

14. What is the anemia program in Tanzania?
15. Is this effective?

16. Describe the population of pregnant mothers in Tanzania.

17. Why have iron folate supplements, distributed in Tanzania since 1974, failed to decrease anemia rates?

18. Describe the role of poverty and broader socioeconomic (SES) conditions in the prevalence of anemia and its treatment. For example, how are a person’s risk for anemia and his or her access to care affected by a lack of resources?