Gender and sexuality are important aspects of not only women’s health, but health for everyone. Our gender and biological sex as well as our sexual identity can sometimes put us at risk, either through society’s stigmatization, our own behavioral practices, or through our biological differences. It is important to discuss gender and sexuality as a foundational concept in this course because we will see throughout the course how gender and sexuality are affect health for many people.

Upon completion of this unit, you will be able to:
Define a number of terms related to gender
Define sexual health
Discuss how issues of gender and sexuality affect women’s health